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as this next one apparently good news apparent to moan that their children will be the death of them or you will drive into an early grave in fact research suggests that being a parent could make you live longer researchers in sweden tracked the lifespan this is a big survey we should say lifespan on from the age of 60 of all men and women born between 1911 1925 in sweden what they find karen mode dick is one of the researchers of the karolinska institute we found that at the age of 60 due to differences in remaining life expectancy of almost two years from man out one and a half years for women this difference of course has to do with several factors really a connected to having children unmarked better even if we look get that risk different death risk' differences and an and continue to do so over aid and also take into consideration factors slab like education and civil status air they're still a difference and this difference 10 two grohl when parents age but

we decide that the study based on the hypothesis of social support and in accordance to do this they're absolute difference paired with parents phnom penh's should should then increase risks with a too high a trend that dependency increases on the role of us are in need of support increases right so a sense of purpose is costing me give us know about why you think this might be looking at such a large cohort must be many different individual examples but what you're feeling why is it so good is it you do have a choice are now and a man mean this said this affair may come into play earlier but i am in when parents are in the 80s and 90s i think that the children are pretty much self going individuals but bet air shall they need looking after the elderly parents live long enough to be a painter you're children a hand this is what we think in an mean they're backgrounds to said this study that are other qualitative studies and interviews with's doctors that we've had but showed that adult children actually in

many cases provide very important support to the parents in terms of navigating the health care sector they're arguing for health care helping out with said taking medications and also pure emotional support air today is currently closed webster sports response of one of them qualified become apparent that they did you have any questions or extra play anything about with they're happy you in life now are now are such as such studies sexually air the others have a look at this and inconsistent money used to say that parents are generally more happier but i think they are also studies recently that shows that this this is really no difference i think it does the turned on when in a when a tiny methodist at which time plane and philip philip hampshire far as i am sorry for they're lining up does you just know that father all but one philip country you have a question to actually live longer or dizzy just

feel like the acumen living longer so statistically proven a karolinska institute said karen loaded that many thanks indeed for coming on and taking take questions all of us except you but i've learnt a lot from also review and from carried you're listening to the bbc world service which is also available to download up to the news